

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	488	Verherstraeten	Rick	Herselt	M1	SEN	De Dorpspomp	00:09:01	19.96	03:00
2	12	Rochtus	Jordi	Hulshout	M2	SEN		00:09:25	19.12	03:08
3	298	Mans	Steve	Testelt	M3	MAS+35	ACHL	00:09:34	18.82	03:11
4	471	Vansumere	Ian	Bierghes	M4	SEN		00:09:44	18.49	03:14
5	472	Van Hese	Charlotte	Heist o/d Berg	V1	SEN	AVLO	00:09:45	18.46	03:15
6	493	Helsen	Michel	Rillaar	M5	MAS+35		00:09:52	18.24	03:17
7	482	Van Ouytsel	Sten	Rillaar	M6	SCH	ROBA	00:09:56	18.12	03:18
8	28	Wouters	Chriske	Diest	M7	MAS+50	MAES SQM Runni...	00:10:13	17.62	03:24
9	496	De Proost	Steven	Betekom	M8	MAS+45	Sportiva Gelrode	00:10:21	17.39	03:27
10	474	De Pauw	Wim	Rotselaar	M9	MAS+50		00:10:28	17.2	03:29
11	13	Voet	Jef	Westerlo	M10	MIN		00:10:32	17.09	03:30
12	20	Verstraeten	Thomas	Begijnendijk	M11	SEN	AATT	00:10:35	17.01	03:31
13	14	Voet	Tom	Westerlo	M12	MAS+40		00:10:39	16.9	03:33
14	299	Perdieus	Joeri	Langdorp	M13	SEN	ROBA	00:10:43	16.8	03:34
15	428	De Cock	Nico	Baal	M14	MAS+45	Sportiva Gelrode	00:10:46	16.72	03:35
16	491	Vermeylen	Michael	Hulshout	M15	MAS+35	ROBA	00:10:48	16.67	03:36
17	4	Geerts	Merel	Betekom	V2	SEN	ROBA	00:10:51	16.59	03:37
18	40	Vander Sande	Thomas	Houtvenne	M16	SEN	ROBA	00:10:52	16.56	03:37
19	444	Blommen	Max	Begijnendijk	M17	SCH	Kamsa	00:10:53	16.54	03:37
20	22	Ceusters	Nico	Messelbroek	M18	SEN	ROBA	00:10:59	16.39	03:39
21	490	Johanns	Stephanie	Herent	V3	MAS+35	DCLA	00:11:05	16.24	03:41
22	10	Demey	Wouter	Aarschot	M19	MAS+40		00:11:11	16.1	03:43
23	446	Bruyninckx	Maximiliano	Ramsel	M20	SCH	Kamsa	00:11:12	16.07	03:44
24	461	Tuyls	Noa	Rotselaar	M21	SEN	Kamsa	00:11:13	16.05	03:44
25	494	Rijnders	Kasper	Ramsel	M22	CAD	ROBA	00:11:19	15.91	03:46
26	455	Meulemans	Niel	Tielt-Winge	M23	JUN	Kamsa	00:11:21	15.86	03:47
27	467	Vanstechelman	Kato	Langdorp	V4	CAD	Kamsa	00:11:35	15.54	03:51
28	21	Demey	Lucas	Aarschot	M24	MIN	ROBA	00:11:42	15.38	03:54
29	492	Monsecour	Liesbeth	Westerlo	V5	MAS+35	HULS	00:11:44	15.34	03:54
30	452	Ghijzen	Mateo	Westerlo	M25	SCH	Kamsa	00:11:48	15.25	03:56
31	447	Coomans	Stef	Baal	M26	SCH	Kamsa	00:11:50	15.21	03:56
32	43	Van Os	Danièle	Holsbeek	V6	MAS+35	Sportiva Gelorde	00:11:52	15.17	03:57
33	468	Vansteenkiste	Matisse	Scherpenheuvel	M27	JUN	Kamsa	00:11:54	15.13	03:58
34	459	Schoupe	Timo	Langdorp	M28	SCH	Kamsa	00:11:56	15.08	03:58
35	18	Demey	Lander	Aarschot	M29	CAD	ROBA	00:12:01	14.98	04:00
36	485	Aghuth	Emile	Baal	M30	SCH		00:12:11	14.77	04:03
37	498	Vermeulen	Lauren	Booischot	V7	SEN	AVZK	00:12:21	14.57	04:07
38	497	Teniers	Iris	Betekom	V8	MAS+45	AVZK	00:12:26	14.48	04:08
39	30	Beutels	Tuur	Betekom	M31	SCH	Kamsa	00:12:33	14.34	04:11
40	11	Wijns	Pascal	Schriek	M32	JUN	Concap	00:12:39	14.23	04:13
41	448	Corbeels	Siebe	Ramsel	M33	SCH	Kamsa	00:12:46	14.1	04:15
42	453	Kreemers	Stijn	Betekom	M34	SCH	Kamsa	00:12:47	14.08	04:15
43	469	Verbeylen	Nick	Lubbeek	M35	SCH	Kamsa	00:12:48	14.06	04:16
44	450	Debakker	Iben	Ramsel	M36	SCH	Kamsa	00:12:49	14.04	04:16
45	300	Perdieus	Johan	Langdorp	M37	MAS+50		00:12:50	14.03	04:16
46	495	Vansantvoet	Jan	Herent	M38	MAS+35		00:12:52	13.99	04:17
47	457	Peeters	Jesse	Booischot	M39	SCH	Kamsa	00:12:52	13.99	04:17
48	465	Van Pee	Gerben	Lubbeek	M40	SCH	Kamsa	00:12:58	13.88	04:19
49	479	Peeters	Jimmy	Begijnendijk	M41	MAS+40	Sportiva Gelrode	00:13:00	13.85	04:20
50	978	Joos	Noa	Langdorp	V9	SCH	Kamsa	00:13:01	13.83	04:20

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51	487	Bastiaens	Nancy	Hulshout	V10	MAS+40	Berglopers / AC Hu...	00:13:02	13.81	04:20
52	31	Van der Hoeven	Hanne	Schriek	V11	SCH		00:13:03	13.79	04:21
53	57	Verhaegen	Lars	Diest	M42	SEN		00:13:04	13.78	04:21
54	470	Vranckx	Axl	Begijnendijk	M43	SCH	Kamsa	00:13:06	13.74	04:22
55	499	Van den Broeck	Dorien	Begijnendijk	V12	MAS+35	Berglopers	00:13:07	13.72	04:22
56	8	Toremans	Simen	Wilsele	M44	JUN		00:13:15	13.58	04:25
57	454	Leclercq	Arthur-Emile	Schriek	M45	CAD	Kamsa	00:13:16	13.57	04:25
58	7	Moonen	Brent	Zonhoven	M46	JUN		00:13:18	13.53	04:26
59	486	Nevelsteen	Staf	Booischoot	M47	MAS+65	Berglopers	00:13:22	13.47	04:27
60	449	De Keuster	Jana	Aarschot	V13	SCH	Kamsa	00:13:26	13.4	04:28
61	39	Sijmus	Willy	Keerbergen	M48	MAS+65		00:13:27	13.38	04:29
62	56	Moussel	Thibe	Diest	M49	SEN		00:13:30	13.33	04:30
63	41	Billet	Jasper	Langdorp	M50	BEN	Go Like Hell	00:13:37	13.22	04:32
64	42	Billet	Stefan	Langdorp	M51	MAS+40	AATT	00:13:38	13.2	04:32
65	432	Lambert	Kelly	Nieuwrode	V14	MAS+35	Sportiva Gelrode	00:13:40	13.17	04:33
66	436	Op de Beeck	Werner	Ramsel	M52	MAS+45	Sportiva Gelrode	00:13:42	13.14	04:34
67	435	Miseur	Manfred	Aarschot	M53	MAS+60	Sportiva Gelrode	00:13:43	13.12	04:34
68	460	Schraeyen	Lennert	Tremelo	M54	SCH	Kamsa	00:13:45	13.09	04:35
69	36	Huijs	Willem	Aarschot	M55	MAS+55	OKKE	00:13:47	13.06	04:35
70	19	Calders	Rudy	Aarschot	M56	MAS+55		00:13:54	12.95	04:38
71	51	Mossel	Timo		M57	MAS+35		00:13:59	12.87	04:39
72	50	Tom	Personality		M58	MAS+40		00:14:00	12.86	04:40
73	480	Verhaegen	Katrien	Begijnendijk	V15	MAS+40	Sportiva Gelrode	00:14:01	12.84	04:40
74	35	Stroobants	Jochen	Aarschot	M59	SEN	bierbroeders	00:14:05	12.78	04:41
75	34	Van Rooy	Henri	Herselt	M60	SEN	bierbroeders	00:14:08	12.74	04:42
76	458	Sallaerts	Ferre	Westmeerbeek	M61	SCH	Kamsa	00:14:10	12.71	04:43
77	2	Milis	Alessia	Begijnendijk	V16	KAN	ROBA	00:14:13	12.66	04:44
78	464	Van Meerbeeck	Toby	Sint-Joris-Winge	M62	SCH	Kamsa	00:14:17	12.6	04:45
79	49	Neefs	Bert	Gelrode	M63	MAS+55	Sportiva Gelrode	00:14:21	12.54	04:47
80	476	Bervoets	Ronny	Tongeren	M64	MAS+55		00:14:23	12.51	04:47
81	297	Verhard	Nio	Morkhoven	M65	PUP	ACHL	00:14:25	12.49	04:48
82	45	Sterckx	Julie	Ramsel	V17	MIN		00:14:27	12.46	04:49
83	473	Smekers	Linde	Langdorp	V18	MAS+80		00:14:29	12.43	04:49
84	445	Breugelmans	Lies	Ramsel	V19	MIN	Kamsa	00:14:31	12.4	04:50
85	478	Vos	Emme	Wezemaal	V20	PUP	ROBA	00:14:33	12.37	04:51
86	27	Vos	Joppe	Wezemaal	M66	BEN	ROBA	00:14:34	12.36	04:51
87	23	Croonen	Eddy	Ramsel	M67	MAS+55	Kapsalon Luc	00:14:35	12.34	04:51
88	17	Nijs	Marc	Herentals	M68	MAS+65		00:14:52	12.11	04:57
89	443	Blockx	Luna	Herselt	V21	SCH	Kamsa	00:14:56	12.05	04:58
90	456	Nuyens	Ian	Betekom	M69	SCH	Kamsa	00:15:05	11.93	05:01
91	24	Uytterhoeven	Peter	Tremelo	M70	MAS+50	Berglopers	00:15:08	11.89	05:02
92	477	Vos	Ronald	Wezemaal	M71	MAS+35		00:15:13	11.83	05:04
93	475	Van Rosendaal	Edith	Tongeren	V22	MAS+50		00:15:21	11.73	05:07
94	442	Beddegenoots	Daan	Meensel-Kiezegem	M72	CAD	Kamsa	00:15:25	11.68	05:08
95	9	Artoos	Tina	Begijnendijk	V23	MAS+35		00:15:40	11.49	05:13
96	462	Van Boxmeer	Arnaut	Sint-Truiden	M73	SEN	Kamsa	00:15:42	11.46	05:14
97	1	Krause	Joke	Aarschot	V24	MAS+40		00:15:44	11.44	05:14
98	3	Milis	Ariane	Begijnendijk	V25	MIN	ROBA	00:15:46	11.42	05:15
99	483	Cuypers	Peter	Aarschot	M74	SEN	Sportiva	00:15:48	11.39	05:16
100	451	Frederickx	Joan	Aarschot	M75	MIN	Kamsa	00:15:54	11.32	05:18

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101	437	Tuerlinckx	Jean-Luc	Scherpenheuvel	M76	MAS+60	Sportiva Gelrode	00:15:55	11.31	05:18
102	38	Goovaerts	Stella	Ramsel	V26	MAS+45	Berglopers	00:15:57	11.29	05:19
103	6	Eelen	Guus	Herent	M77	PUP	ACKO	00:15:58	11.27	05:19
104	16	Servranckx	Floris	Lubbeek	M78	PUP		00:16:00	11.25	05:20
105	441	Verhaegen	Marleen	Rillaar	V27	MAS+55	Sportiva Gelrode	00:16:03	11.21	05:21
106	32	De Vos	Brent	Begijnendijk	M79	SEN	Bierbroeders	00:16:11	11.12	05:23
107	29	Thiels	Katrien	Langdorp	V28	MAS+45		00:16:12	11.11	05:24
108	55	Weckx	Ahlan	Aarschot	M80	SEN		00:16:13	11.1	05:24
109	47	Mertens	Elke	Rillaar	V29	MAS+40		00:16:34	10.87	05:31
110	5	Servranckx	Kim	Herent	V30	MAS+40		00:16:42	10.78	05:34
111	53	Mattheus	Glenn	Booischot	M81	SEN	Berglopers	00:17:02	10.57	05:40
112	481	Van Lier	Stefan	Tremelo	M82	MAS+65		00:17:04	10.55	05:41
113	489	Goovaerts	Jef	Heist o/d Berg	M83	MAS+70	AVZK	00:17:11	10.48	05:43
114	52	Van Elsen	Karine	Betekom	V31	MAS+60	Knoet	00:17:18	10.4	05:46
115	48	Discart	Mia	Begijnendijk	V32	MAS+60	ROBA Recreanten	00:17:20	10.38	05:46
116	37	Debontridder	Steven	Langdorp	M84	MAS+45	Knoet	00:17:31	10.28	05:50
117	999	Op de Beeck	Kim	Nieuwrode	V33	MAS+40	KCT	00:17:32	10.27	05:50
118	15	Wittemans	Saartje	Baal	V34	MAS+45		00:17:49	10.1	05:56
119	294	Lagast	Stefan	Lier	M85	MAS+40	Knoet	00:17:56	10.04	05:58
120	44	Van Kerckhoven	David	Aarschot	M86	MAS+40		00:18:27	9.76	06:09
121	500	De Coninck	Annelies	Aarschot	V35	SEN		00:18:31	9.72	06:10
122	33	Verlinden	Anske	Aarschot	V36	SEN		00:19:11	9.38	06:23
123	431	Holemans	Griet	Sint-Joris-Winge	V37	MAS+40	Sportiva Gelrode	00:19:26	9.26	06:28
124	438	Van der Molen	Tamara	Aarschot	V38	MAS+40	Sportiva Gelrode	00:19:27	9.25	06:29
125	59	Van Noten	Walter	Langdorp	M87	MAS+50		00:19:51	9.07	06:37
126	58	VN	Liens		V39	PUP		00:19:52	9.06	06:37
127	466	Vanachter	Pepijn	Wezemaal	M88	JUN	Kamsa	00:19:53	9.05	06:37
128	463	Van Coppenolle	Aline	Aarschot	V40	JUN	Kamsa	00:19:54	9.05	06:38
129	54	Dierckx	Marc	Herenthout	M89	MAS+60		00:20:15	8.89	06:45
130	26	De Wijngaert	Jill	Ramsel	V41	SEN		00:20:25	8.82	06:48
131	25	Busseniers	Sandy	Bree	V42	SEN		00:20:27	8.8	06:49
132	484	Cuypers	Lucy	Aarschot	V43	MIN	Sportiva Geldrode	00:20:35	8.74	06:51
133	46	Sempels	Pia	Aarschot	V44	SEN		00:20:56	8.6	06:58
134	296	Van Den Bergh	Carmen	Aarschot	V45	MAS+40	Knoet	00:20:57	8.59	06:59
135	429	De Cuyper	Elke		V46	MAS+40	Sportiva Gelrode	00:20:58	8.59	06:59
136	433	Loyens	Margot		V47	PUP	Sportiva Gelrode	00:21:37	8.33	07:12
137	434	Meijnaerts	Lore		V48	MAS+40	Sportiva Gelrode	00:21:59	8.19	07:19
138	430	Feremans	Sien	Aarschot	V49	SEN	Sportiva Gelrode	00:22:01	8.18	07:20
139	440	Vanderhasselt	Koen	Langdorp	M90	MAS+50	Sportiva Gelrode	00:22:03	8.16	07:21
140	439	Vancauwenbergh	Johan	Rillaar	M91	MAS+50	Sportiva Gelrode	00:22:04	8.16	07:21